

# Washoe County School District

## Sierra Nevada Breakfast Oct 2022

Sep 21, 2022

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 3 Fall Break	Oct - 4 Fall Break	Oct - 5 Fall Break	Oct - 6 Fall Break	Oct - 7 Fall Break
Oct - 10 Strawberry NG Bar Scooby Doo Cinna Gra Fresh Apple Chocolate Skim Milk 1% White Milk Skim White Milk	Oct - 11 Maple Mini Waffles Fresh Banana Chocolate Skim Milk 1% White Milk Skim White Milk Maple Syrup	Oct - 12 Breakfast Burrito Fresh Apple Chocolate Skim Milk 1% White Milk Skim White Milk	Oct - 13 Apple Cinnamon Muffin Scooby Doo Cinna Gra Fresh Banana Chocolate Skim Milk 1% White Milk Skim White Milk	Oct - 14 Apple Frudel Fresh Apple Chocolate Skim Milk 1% White Milk Skim White Milk
Oct - 17 Mini Cinnamon Rolls Fresh Apple Chocolate Skim Milk 1% White Milk Skim White Milk	Oct - 18 French Toast Sticks Fresh Banana Chocolate Skim Milk 1% White Milk Skim White Milk Maple Syrup	Oct - 19 Oatmeal Choco Chip B Fresh Apple Chocolate Skim Milk 1% White Milk Skim White Milk	Oct - 20 Sausage Breakfast Piz Fresh Banana Chocolate Skim Milk 1% White Milk Skim White Milk	Oct - 21 Mini Strawberry Cream Cheese Bagels Fresh Apple Chocolate Skim Milk 1% White Milk Skim White Milk
Oct - 24 Strawberry NG Bar Scooby Doo Cinna Gra Fresh Apple Chocolate Skim Milk 1% White Milk Skim White Milk	Oct - 25 Maple Mini Waffles Fresh Banana Chocolate Skim Milk 1% White Milk Skim White Milk Maple Syrup	Oct - 26 Breakfast Burrito Fresh Apple Chocolate Skim Milk 1% White Milk Skim White Milk	Oct - 27 Blueberry Muffin Scooby Doo Cinna Gra Fresh Banana Chocolate Skim Milk 1% White Milk Skim White Milk	Oct - 28 Holiday
Oct - 31 Chocolate Chip Muffin Scooby Doo Cinna Gra Fresh Apple Chocolate Skim Milk 1% White Milk Skim White Milk				

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.