

# Washoe County School District

## Sierra Nevada Lunch (K-8) Oct 2022

Sep 21, 2022

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 3 Fall Break	Oct - 4 Fall Break	Oct - 5 Fall Break	Oct - 6 Fall Break	Oct - 7 Fall Break
Oct - 10 BBQ Rib Sub Canned Green Beans Dried Cranberries Chocolate Skim Milk 1% White Milk Skim White Milk	Oct - 11 Corn Dog Sweet Golden Corn Diced Peaches Chocolate Skim Milk 1% White Milk Skim White Milk	Oct - 12 Fish Sticks Baked Beans (Pork) Pineapple Chunks Chocolate Skim Milk 1% White Milk Skim White Milk	Oct - 13 Cheeseburger Tater Tots Fresh Broccoli Seasonal Fruit Chocolate Skim Milk 1% White Milk Skim White Milk	Oct - 14 Vegetarian Nachos Baby Carrots Seasonal Fruit Chocolate Skim Milk 1% White Milk Skim White Milk
Oct - 17 Popcorn Chicken 4 Way Veggie Blend Mixed Fruit Chocolate Skim Milk 1% White Milk Skim White Milk	Oct - 18 Chicken Nuggets Green Peas Fresh Apple Chocolate Skim Milk 1% White Milk Skim White Milk	Oct - 19 Meatball Sub Pinto Beans Fresh Banana Chocolate Skim Milk 1% White Milk Skim White Milk	Oct - 20 Chicken Patty Sandwich Fresh Broccoli Baby Carrots Applesauce Chocolate Skim Milk 1% White Milk Skim White Milk	Oct - 21 Chicken Alfredo Pasta Baby Carrots Dried Cranberries Chocolate Skim Milk 1% White Milk Skim White Milk
Oct - 24 T Pepperoni Stuffed Pizza Sandwich 4 Way Veggie Blend Dried Cranberries Chocolate Skim Milk 1% White Milk Skim White Milk	Oct - 25 Burrito/Bn & Cheese (Veg) Baby Carrots Fresh Apple Chocolate Skim Milk 1% White Milk Skim White Milk	Oct - 26 BBQ Rib Sub Baked Beans (Pork) Kiwi Strawberry Slush Chocolate Skim Milk 1% White Milk Skim White Milk	Oct - 27 Cheeseburger Tater Tots Fresh Broccoli Seasonal Fruit Chocolate Skim Milk 1% White Milk Skim White Milk	Oct - 28 Holiday
Oct - 31 Hot Dog on Bun 4 Way Veggie Blend Dried Cranberries Chocolate Skim Milk 1% White Milk Skim White Milk				

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.